## DEPARTMENT OF CORRECTION



# INSTITUTIONAL SERVICES DIVISION

#### **DIRECTIVE NUMBER:**

401.06.03.058

SUBJECT:

# 1 of 3

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Adopted: 06-01-95 Revised: 04-10-99 Reformatted: 02-2001

**PAGE NUMBER:** 

Pregnancy Counseling and Testing

#### 01.00.00. POLICY OF THE DEPARTMENT

It is the policy of the Idaho Board of Correction that the Department of Correction ensure proper medical, dental, psychiatric and psychological services and treatment be provided to inmates incarcerated under its jurisdiction, including those state-sentenced offenders held in non-IDOC facilities.

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#### 03.00.00. REFERENCES

Idaho Code, 18-608.

Idaho Department of Correction Division Directive, 02-401-73.

Standards for Adult Correctional Institutions, Third Edition, Standards 3-4343-1.

Standards for Health Services in Prisons, P-58.

#### 04.00.00. **DEFINITIONS**

Facility Health Authority: The on-site Health Authority or senior health staff assigned.

Medical Authority: Idaho Department of Correction Health Services Chief.

Medical Director: A physician (M.D.) either employed by the Idaho Department of Correction or the physician in charge if medical services are privatized.

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Mid-Level Provider: Physician Assistant or Nurse Practitioner.

Qualified Health Professional: Physician, physician assistant, nurse practitioner, nurse, dentist, mental health professional and others who by virtue of their education, credentials, and experience are permitted by law within the scope of their professional practice are to evaluate and care for patients.

Regional Health Manager: The individual assigned as the primary manager who is administratively responsible for the delivery of medical services if health services are privatized.

#### 05.00.00. PROCEDURE

#### 05.01.00. Pregnant Inmates

A comprehensive counseling and assistance program should be provided to pregnant inmates in keeping with their expressed desires in planning for the expected child.

Counseling and social services should be available from prisons staff or community agencies.

If there is a desired abortion, then it is advisable to get a formal legal opinion based on Idaho Code 18-608 referencing the abortion directive 401.06.03.073.

#### 05.02.00. Goal of Pregnancy Testing

Early pregnancy diagnosis enables a woman to begin prenatal precautions and medical care during the early, most vulnerable stages of fetal development, permits earlier detection of ectopic pregnancy and allows a woman considering abortion time for adequate counseling and decision making.

Some pregnancy tests are sensitive enough to provide accurate results as early as one week after fertilization, before the first menstrual period. Pregnancy testing should be offered as soon as a woman seeks this service.

Pregnancy testing is performed

To determine whether or not the woman is pregnant;

To identify possible pregnancy problems such as ectopic gestation or threatened

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abortion that require further evaluation and/or emergency interventions;

To provide an assessment of gestation and to help the woman make and implement her own plans for the pregnancy.

### **Pregnancy Test Counseling**

Approximate EDC and current gestation.

Brief risk screening for potential problems (genetics, substance abuse, etc.).

Referrals explained - OB care is provided by private obstetrician.

Discuss warning signs in pregnancy.

Stress importance of early and continuous prenatal care, healthy diet and abstaining from drugs, alcohol and tobacco to have a healthy baby.

Do BP, HT, WT for prenatal passport.

# 05.03.00. Management of the Chemically Addicted Pregnant Inmate

IDOC shall provide treatment for an inmate in need of detoxification treatment at our facility or a local community facility.

Treatment in either facility will consist of appropriate medication regimen, diet and counseling.

#### 05.04.00. Postpartum Follow-Up

Postpartum care is provided by providing the obstetrician, as outlined in his care protocol.

Administrator, Institutional Services Division	Date